



## Activity Sheet/Recommendation Information



Name \_\_\_\_\_

Major: \_\_\_\_\_

College/School where you are applying: \_\_\_\_\_

**School Activities/Volunteer Opportunities/Job Experiences:** Include sports, clubs, volunteering, jobs, and other activities. If you had a leadership position in any of these activities (such as captain of a team or secretary of a club), include this title. **Skills:** These can be skills you acquired at school or through extracurricular activities for ex. Computer skills, Mathematic skills or Soft skills (communication, conflict resolution, creative thinking, work ethic, teamwork, decision making etc.)

Activity/Place	Year(s)	Position/Responsibilities	Skills Learned

Honors/Awards/Achievements \_\_\_\_\_

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